



NORTHWEST  
HEARING + TINNITUS

[WWW.NORTHWESTAUDIOLOGY.COM](http://WWW.NORTHWESTAUDIOLOGY.COM)

Message From The Owner

New Seattle Office

New Faces

Hear For The Summer

Free Drying Kit\*



\*with purchase of new hearing devices

# MESSAGE FROM THE OWNER

Welcome Sunshine! It's always a great time in the PNW, when the sun starts to grace us with her appearance. Spring and early summer are such a time of growth and movement. We at NWH+T are feeling lots of joyous growth and movement. We have recently completed our second renovation and relocation in a little over a year, with our new Seattle office (more on this in this issue). We have brought on a new dynamic duo for Olympia (keep turning pages to meet them and learn more) and are welcoming an additional Audiologist to our Seattle team in June. Wow! It's kind of crazy to look at all that our team can accomplish through continued teamwork, with the aligned focus of bringing the best possible standard of hearing healthcare to our patients and the PNW community. We can't wait to see you and have you join in on the celebration of growth and movement!

All my best,  
*Mel*



Melanie K. Hecker, Au.D., CH-TM  
Doctor of Audiology + Owner

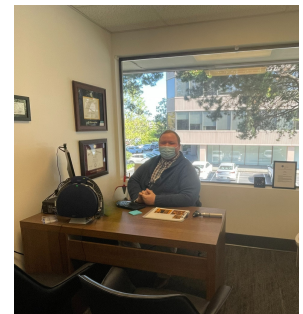
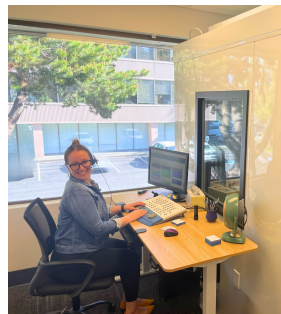


## NEW SEATTLE OFFICE

I've always loved this quote by Maya Angelou, "I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel." How our patients feel when they come see us matters so much! For years, I have been so proud to watch patients complete their appointments feeling more confident, reassured, certain and reconnected with their worlds through better hearing because of the incredible level of care our providers offer. It brings me joy that we are now able to provide an upleveled physical space that feels homey, warm, bright and new. We hope it makes you FEEL welcomed, safe and great. If you haven't seen our new Seattle space yet – schedule a time to come in! We're excited to show it off. We did it for YOU! 😊

### Friendly Tips For Your Appointment In Our New Seattle Office

- Park in the lot off of 4th Avenue (across the street from the Kaiser Eye Clinic). This is the only wheelchair accessible entrance (with no stairs).
- The building does NOT have an elevator, so if you park in the lot off of 3rd Ave, you will have to climb approximately 20 stairs.
- Plan to arrive 15-20minutes before you appointment to allow time to find the building and park.
- For any questions, please call us at 206-208-7665



OUR NEW SEATTLE ADDRESS  
9730 3RD AVE NE, #201 SEATTLE, WA 98115

# NEW FACES

*Team  
Olympia*



Laura Moran, Au.D., F-AAA, CH-TM



Ashli Green

Please help us welcome the new DYNAMIC DUO! We've worked incredibly hard over the last year and a half to get Olympia settled with the right spaces (we're happy patients are loving the new office location and renovation in Olympia) and faces that our patients deserve. Dr. Laura Moran is an incredible Audiologist, with decades of experience, who used to be a private practice owner, herself. She is coming out of retirement because she misses patient care! Having known Dr. Moran for almost a decade, it is my honor to have her join the staff and bring with her stability, sage wisdom and exceptional patient care. Ashli Green will be joining Dr. Moran's side, as your new patient care coordinator. Ashli has a vibrant smile, a joyous spirit and a curiosity to find solutions. We know you will be in the most amazing hands with these two brilliant women!

Your favorite FAB FOUR – Dr. Kindra Veith, Dr. Tyler Ellis, Tamsyn and Tee- will be joined by the addition of Dr. Christopher Garrett, in June. Dr. Garrett is making his cross country move and will be settling in Seattle with his partner and pets. He'll bring continued expertise in the diagnosis and treatment of tinnitus and vestibular services to our clinic (in addition to hearing treatment), as we delve further into providing the highest level of medical Audiology to the Northgate, and surrounding communities.

*Team  
Seattle*



## HEAR FOR THE SUMMER

by Dr. Tyler Ellis Au.D., CCC-A, FAAA, CH-TM

Longer days and warmer temperatures mean summer is upon us here in the Pacific Northwest. For some of us, summer means more time outdoors, more adventures, departures from routines and habits, and opportunities to build or deepen connections with neighbors, friends, and family.

Here are tips to keep you hearing your best (and keep your ear gear in top shape) this upcoming season:

**Dangerous decibels:** Consider your delicate sense of hearing and don't forget your earplugs as you venture into amusement parks, sporting stadiums, racetracks, and concert venues—not to mention the 4th of July fireworks show on Lake Union.

Foam ear plugs are quite effective, as long as you're inserting them properly! Custom molded plugs are great for repeated use and a more comfortable and secure fit.

**Managing moisture:** Traditionally speaking, moisture and electronics don't go well together. However, modern digital hearing aids are designed to stand up your highest level of activity. Sweat, steam, and rain are ordinarily no problemo for state-of-the-art hearing devices. That said, if your hearing aids have endured extreme moisture exposures (or if you're using more susceptible hearing aids), you can swing by the office to pick up your own DryKit. (The old bag of rice trick can work in a pinch!)

**Going Off-Grid:** Rechargeable hearing aids require a fresh charge every 24 hours. When you're off the electrical grid—think backwoods camping—or road-tripping cross-country, consider tossing a portable battery power bank (with USB port) into your suitcase, so you can plug-in your hearing aid charger on the go. Portable power banks are available in department stores and online.

**Spare supplies and equipment:** Bring your hearing aid maintenance supplies with you when you go away! Wax guards, microphone covers, tubing and domes are not readily available in retail stores, so if your hearing aid suddenly stops working while on vacation, you'll need the proper tools to troubleshoot and repair it. Keep hearing aid supplies strategically placed in the car or luggage compartments for easy access. Most hearing aid manufacturers make travel-size or portable chargers. Consider purchasing yourself an extra charger to keep in your suitcase or vacation home. If you have backup hearing aids, bring them along on vacation, too—it can't hurt to be prepared!

**Tune-In:** Use your hearing aid smartphone app to tune-in to sounds that matter most to you. Toggle features to enhance conversation in a noisy environment. Use the equalizer and volume controls to hear birdsong, woodpeckers, owls, waves crashing on the shore, and the mighty wind rustling through leaves.

Make sure to follow these tips and tricks to get the most out of your hearing this summer!



**Tyler Ellis, Au.D., CCC-A, FAAA, CH-TM**  
Doctor of Audiology

Dr. Tyler Ellis practiced clinical audiology, specializing in tinnitus management, within a large otolaryngology medical group. He earned his doctorate in audiology from the University of Iowa Graduate College, and completed a clinical residency wherein he received advanced training and experience in adult and pediatric diagnostic audiology, hearing aids, tinnitus, cochlear implants, and vestibular (balance) assessment and rehabilitation. He is committed to providing you accessible, patient-centered, evidence-based consultation and care for all your hearing health needs.



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Return Address:  
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## FREE DRYING KIT

Moisture and hearing aids aren't the best of friends. Although hearing aids today are getting better and better with water resistant coatings, it's always a good idea (especially here in the PNW) to use a drying kit - which helps remove excess moisture from your devices, to improve functionality.

**OUR SUMMER OFFERING TO YOU IS A FREE DRYING KIT WITH THE PURCHASE OF YOUR NEW SET OF HEARING DEVICES.**

Offer good June 1-July 31st, 2023.



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Seattle 206-208-7665  
Olympia 360-218-0992

[www.northwestaudiology.com/schedule-online](http://www.northwestaudiology.com/schedule-online)

